

NIGHT TRAIN

Composer: Richard and Jo Anne Lawson, 237 Mamie Lane, Birmingham, AL 35215
Record: Belco #370 (205)853-4616
Rhythm: Jive SLOW MUSIC FOR COMFORT
Footwork: Opposite, Directions for Man except where noted.
Sequence: Intro-A-B-A-B-Ending
Roundalab Phase Rating: Phase IV (easy Phase IV)

THIS DANCE IS WRITTEN FOR AN INTRODUCTION TO EASY PHASE IV JIVE STEPS.

INTRO

- 1-4 WAIT; WAIT; PT,STEP,PT,STEP; PT,STEP,PT,STEP;
1-2 Standing about 8 feet apart wait 2 meas;;
3-4 Pt L ft fwd,step in place on L,pt R ft fwd,step in place on R;
Repeat; (Note: These 2 meas move twd ptr. When ptg L ft fwd trn
body slightly LF with R arm fwd and when ptg R ft fwd trn body
slightly RF with L arm fwd.)

PART A

- 1-4 FALLAWAY ROCK - CHANGE RIGHT TO LEFT - CHANGE LEFT TO RIGHT
1-2 (Fall Rk)Blend to CP/Wall sd L/R,L, sd R/L,R; Rk bk to SCP on L,
rec R, (Chg R to L)sd L/R,L trng 1/4 LF(W rk bk R,rec L, sd R/L,R);
3-4 (Cont Chg R to L)Sd R/L,R to fc DC,rk apt L,rec R(W trn under RF
L/R,L to fc M,rk apt R,rec L); (Chg L to R)Sd L/R,L, sd R/L,R(W
trn under LF sd R/L,R, sd L/R,L)to Left Open Fcg Pos M fcg Wall;
5-8 CHANGE HANDS BEHIND BACK; RIGHT TURNING FALLAWAY - RK SCP,REC,RUN,2
5-6 (Chg Hands Beh Bk)Rk apt L,rec R,slightly fwd L/R,L trng 1/4 LF(W
rk apt R,rec L,fwd R/L,R trng 1/4 RF); Slightly bk R/L,R trng 1/4
LF,rk apt L,rec R(W sd L/R,L trng 1/4 RF,rk apt R,rec L)to Left
Open Fcg Pos M fcg COH; (Note: In a count of 1,2,3/&,4,5/&,6,7,8
M chgs W's R hand from his L to his R on count of 3 and chgs it
bk to his L hand on count 5.)
7-8 (R Trng Fall)Sd L/R,L trng 1/2 RF, sd chasse R/L,R(W sd R/L,R trng
1/2 RF, sd chasse L/R,L)to CP/Wall; Rk bk to SCP on L,rec R, fwd
down LOD L,R;
9-12 THROWAWAY - LINK TO SCP - KICK/BALL CHANGE TWICE
9-10 (Throwaway)Sd L/R,L, sd R/L,R trng 1/4 LF(W fwd R/L,R pickup on
last step and chasse bk L/R,L to fc ptr); Rk apt L,rec R(Link to
SCP)fwd L/R,L trng 1/4 RF(W rk apt R,rec L,fwd R/L,R trn 1/4 RF);
11-12 (Cont Link to SCP)Sd R/L,R to SCP,rk bk L,rec R(W sd L/R,L,rk bk
R,rec L); (Kick/Ball Chg)Kick L ft fwd/tk wgt on ball of L ft,
step on R,kick L ft fwd/tk wgt on ball of L,stp on R (W kick R ft
fwd/tk wgt on ball of R ft,stp on L).

PART B

- 1-4 JIVE WALKS; SWIVEL 4; PT,STEP,PT,STEP; PT,STEP,PT,STEP;
1-2 (Jive Walks)Fwd L/R,L,fwd R/L,R; Swivel walk L,-,R,-; L,-,R,-;
3-4 In loose SCP pt L ft fwd,step on L,pt R ft fwd,step on R(W pt R
fwd,step on R,pt L ft fwd,step on L); Repeat; (Note: Look in
direction of foot on 1st 2 beats and look opposite direction on
beats 3 and 4.)
5-8 JIVE WALKS; SWIVEL 4; PT,STEP,PT,STEP; PT,STEP,PT,STEP;
5-6 Repeat action of meas 1-2 of Part B;;
7-8 Repeat action of meas 3-4 of Part B;;
9-12 JIVE WALKS; SWIVEL 4; PT,STEP,PT,STEP; PT,STEP,PT,STEP;
9-10 Repeat action of meas 1-2 of Part B;;
11-12 Repeat action of meas 3-4 of Part B;;

ENDING

After last point step with M's R and W's L foot pointed twd LOD freeze
and hold position.