

# MY WAY

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Music "My Way" CD: JULIO IGLESIAS

Sony Music Japan SICP 20385-6 CD 1: Track 16

Rhythm : Bolero(ph VI) Speed : Slow to Suit(+10%) Date: March 2014 Ver.1.1

Footwork : Opposite, directions for man(lady as noted)

Sequence: Intro - A - A - B - Bmod - Inter - A - Ending



## Meas

### INTRO

- 1~ 5 **(LOP-FC/Wall)lead foot free for both Wait 1 meas;**  
**Tog Curl to Skaters Fc LOD; Horse & Curt M Cl(CP/Wall);**  
**Corte w/Leg Crawl; Rec Hip Rks;**

- S-- 1 LOP-FC/Wall lead foot free for both Wait 1 meas;  
2 (Tog Curl to Skaters) Fwd L lead W LF trn, -, -, -(W fwd R, spiral LF under lead hands, -, -) Skaters/LOD;  
---Q 3 (Horse & Curt M Cl) Hold, -, -, cl R(W circle LF fwd L/R, L/R, L/R, L swivel LF on L (Q&Q&Q&Q) fc partner) CP/Wall;  
S- 4 (Corte w/Leg Crawl) Sd & bk L flex L knee blend cuddle position, -(W sd & fwd R, left leg up along M's outer thigh with toe pointed to floor), -;  
SQQ 5 (Rec Hip Rks) Rec R, -, sd L hip roll LF, rec R hip roll RF;

## Meas

### PART A

- 1~ 8 **Trning Basic;; R Pass Fc Wall; Lunge Break; Hip Twist Overtrn &**  
**W Sync Fcing Fan; Fwd Break; W Spiral to Nat Top Fc COH;**  
**Fallaway Ronde XIB Sd/Cl(Handshake);**

- 1- 2 (Trning Basic) Blend CP sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L fc COH; Sd R, -, fwd L slip action, rec bk R;  
3 (R Pass) Fwd & sd L commence RF trn raise lead hands to create window, -, XRIB of L cont RF trn, sd L(W fwd R, -, fwd L commence LF trn, cont LF trn sd R under raised lead hands to fc partner) to Bfly/Wall;  
4 (Lunge Break) Sd & fwd R body rise, -, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise, -, bk R sit line, rec fwd L);  
SQQ 5 (Hip Twist & W Sync Fcing Fan) Cl L lead W RF trn, -, bk R commence LF trn lead W roll (SQ&Q&) LF, rec L twd LOD(W fwd R swivel 1/2 RF on R fc Wall, -, sd & fwd L twd LOD commence LF roll/sd & bk R cont LF roll, cont roll L/R fc partner & RLOD)LOP-FC/LOD;  
6 (Fwd Break) Sd & fwd R body rise, -, fwd L with contra ck like action, rec bk R;  
7 (W Spiral & Nat Top) Fwd L commence RF trn lead W LF spiral, -, cont RF trn XRIB of L, sd L fc COH(W fwd R LF spiral on R under right hand fc DC, -, commence RF trn sd L, XRIF of L fc Wall);  
SQQ& 8 (Fallaway Ronde XIB Sd/Cl) Blend Bfly sd R ronde L CCW(W CW), -, XLIB of R, sd R/clL right hands joined;

- 9~16 **Contra Break; Turkish Towel; 1 Break; W Roll Out(OP/COH);**  
**OP Fence Line; M Hip Rks(W Roll In) to CP; Split Ronde(CP/Wal);**  
**OP Contra Ck & Rec;**

- 9 (Contra Break) Sd & fwd R with right sd stretch, -, slip fwd L small step with right shoulder lead to contra check action, rec bk R(W sd & bk L with left sd stretch, -, slip bk R with left sd lead to contra check action, rec fwd L);  
10-11 (Turkish Towel) Sd L, -, bk R, rec L(W sd & fwd R, -, XLIF of R turning RF under joined right hands, fwd R cont RF trn);  
(1 Break) Sd R to end Vars position with M in front of W to her right side, -, ck XLIB, rec R(W fwd L around man to end his left side and bk joining left hands, -, ck XRIF, rec L);  
SQQ 12 (W Roll Out to OP) Sd L release joined left hands, -, XRIB lead W LF roll, rec L(W sd (SQ&Q) R twd LOD commence LF roll, -, cont LF roll sd & fwd L/cont roll R,L) end OP/COH;  
13 (OP Fence Line) Same foot sd R body rise, -, ck thru L, rec bk R;  
SQQ 14 (Hip Rks W Roll In) Sd L hip roll LF, -, rec R hip roll RF, sd L hip roll LF (W sd (SQ&Q&) L commence LF roll, -, cont LF roll R/L,R/cl L)end CP/COH;  
SQQ 15 (Split Ronde) Rec R ronde left leg CCW commence LF trn, -, cont LF trn XLIB of R, (SQQ&) cont trn slip bk R(W sd R lower on R ronde left leg CCW commence LF trn, -, cont trn XLIB of R, cont trn sd R/ slip fwd L) end CP/Wall;

