

MY HEART WILL GO ON

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Music: 'My Heart Will Go On' Celine Dion – from 'Let's Talk About Love' Track 12
Measure 42 thru 77 removed - Thanks to Mark Prow for condensing the routine
Rhythm/Phase Bolero 4+2 [Spiral, Horseshoe Turn] Released: June 2005
Sequence: Intro AB Inter B Mod End

INTRO

1-8 TANDEM COH M 3 FT BHD W L FT FREE FOR BOTH; M WK 2; EMBRACE; ARMS TO SHDW; SHDW FENCE; TWICE; SHDW TRNG BASIC SHE TRANS TO FC; LUNGE BRK TO BFLY;

- 1-4 Tandem COH M 3 ft beh W L ft free for both; Fwd L,, fwd R, (W Hold); Place hnds on bk of W's hnds raise arms to embrace; Extend arms to SHDW;
5-6 **{SHDW Fence Line Twice}** L hnds joind sd L,, lunge thru R, bk L (Sd L,, lunge thru R, bk L); Sd R,, lunge thru L, bk R (Sd R,, lunge thru L, bk R);
7-8 **{SHDW Trng Basic She Trans to Fc}** Sd L,, bk R trng 1/4 LF w/slip pvt action, sd & fwd L trng LF to LOP/FCG DRW (Sd L,, bk R trng LF w/slip pvt action/fwd L trng LF, sd & bk R); **{Lunge Brk}** Sd & fwd R to LOP/FCG,, lower on R, rise on R (Sd & bk L,, bk R w/contra chk like action, fwd L) to BFLY;

PART A

1-8 BASIC OUTSD PTR;; SPOT TRN; HIP RKS w/CARESS; AIDA; AIDA LINE SWITCH & REC TO LOP; BOLERO WALK REV w/LADY'S SPIRAL; SPOT TRN;

- 1-2 **{Basic Outsd Ptr}** Sd L,, bk R, fwd L (Sd R,, fwd L outsd M, bk R); Sd R,, fwd L outsd W, bk R;
3-4 **{Spt Trn}** Sd L,, XRIF trng 1/2 LF, fwd L cont LF trn 1/4; **{Hip Rks w/Caress}** Rk sd R,, rk sd L, rk sd R (W caress);
5-6 **{Aida}** Sd L,, XRIF, sd L trng RF; **{Aida Line Switch & Rec to LOP}** Bk R to "V" pos raise R arm straight up,, bk L trng LF tch trailg palms, rec R trng RF to LOP/RLD;
7-8 **{Bolero Wk w/Lady's Spiral}** Fwd L leadg W to spiral LF under lead hnds,, fwd R, fwd L (Fwd R spiral LF,, fwd L, fwd R); **{Spt Trn}** Fwd R,, fwd L trng 1/2 RF, fwd R cont RF trn 1/4 BFLY/WALL;

9-16 FENCE LINE; LUNGE BRK; L PASS; HORSESHOE TRN;; AIDA; AIDA LINE w/HIP RKS; FC & SPOT TRN TO CP;

- 9-10 **{Fence Line}** Sd L,, lunge thru R, rec L; **{Lunge Brk}** Sd & fwd R to LOP/FCG,, lower on R, rise on R (Sd & bk L,, bk R w/contra chk like action, fwd L) to BFLY;
11-12 **{L Pass}** Fwd L to contra SCAR trn W RF,, bk R with slippg action, fwd L trng LF (Fwd R trn RF with bk to ptr,, sd & fwd L trn LF, bk R); **{Start Horseshoe Trn}** Sd & fwd R to "V" pos,, slip thru L w/chkg action, rec R raisg lead hnds (Sd & fwd L to "V", slip thru R w/chkg action, rec L);
13-14 **{Finish Horseshoe Trn}** Fwd L commeng LF trn,, fwd R start circle wk, fwd L completing circle wk fc ptr (Fwd R commencing RF trn,, fwd L cont RF circle wk under joind lead hnds, fwd R to fc ptr); **{Aida}** Sd R,, XLIF, sd R trng LF;
15-16 **{Aida Line w/Hip Rks}** Bk L to "V" pos,, rk fwd R, rec bk L; **{Fc & Spt Trn}** Fwd R fc ptr,, XLIF trng 1/2 RF, fwd R cont RF trn 1/4 to CP;

PART B

1-8 CROSS BODY FC LOD; FORWARD BREAK TO CP; TURNING BASIC RLOD; OPEN BREAK; UNDERARM TURN; REVERSE UNDERARM TURN LOW BFLY; HIP ROCKS; TWICE;

- 1-2 **{Cross Body fc LOD}** Sd & bk L trng LF,, bk R w/slippg action, fwd L trng LF fc LOD; **{Fwd Brk to CP}** Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP/LOD;
3-4 **{Trng Basic RLOD}** Sd L,, bk R trng 1/4 LF w/slip pvt action, sd & fwd L trng 1/4 LF fc RLOD; **{Op Brk}** Sd R,, bk L, fwd R (Sd L,, bk R, fwd L);
5-6 **{Underarm Trn}** Sd L,, XRIB, rec L (Sd R,, XLIF trng 1/2 RF, fwd R cont RF trn 1/4); **{Rev Underarm Trn}** Sd R,, XLIF, rec R (Sd L,, XRIF trng 1/2 LF, fwd L cont LF trn 1/4) to low BFLY;
7-8 **{Hip Rocks}** Low BFLY Rk sd L,, R, L; Rk sd R,, L, R;

- 9-16 BACK WALKS [OPTIONAL SPIRALS for LADY];; BACK BASIC; FORWARD BREAK TO CP; CROSS BODY LOD; FORWARD BREAK; RIGHT PASS TO DRW; FORWARD BREAK TO CP;**
- 9-12 {Bk Wks} Bk L,, bk R, bk L; Bk R,, bk L, bk R, {Bk Basic} Bk L,, chk bk R, fwd L; {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP;
- 13-14 {Cross Body LOD} Sd & bk L trng LF,, bk R w/slipg action, fwd L trng LF LOD; {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R;
- 15-16 {R Pass to DRW} Fwd & sd L commence RF trn raise lead hnds,, XRIB cont RF trn, fwd L DRW (Fwd R,, fwd L commencing LF trn, bk R cont LF trn under lead hnds fc ptr); {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP;
- [9-10 Optional footwork for W: (Fwd R spiral LF,, fwd L, fwd R; Fwd L spiral RF,, fwd R, fwd L);]**

INTERLUDE

- 1-8 CROSS BODY LEAD TO FAN; START A HOCKEY STICK; TO WRAPPED SHDW/WALL HE TRANS; RAISE ARMS; SHDW FENCE; TWICE; SHDW TURNING BASIC [COH] SHE TRANSITION TO FACE; LUNGE BREAK;**
- 1-2 {Cross Body Lead to Fan} Sd & bk L trng LF,, bk R, rec sd L fc WALL (Sd & fwd R,, fwd L trng LF, cont LF trn sd R); {Start a Hky Stk} Sd R,, fwd L, bk R (small bk L to fan pos,, chk bk R, fwd L);
- 3-4 {To Wrapd SHDW/WALL He Trans} Sd L leadg W under,, cl R to L, (Fwd R trng 1/4 LF under jnd hnds,, cl L to R, stp in place R to SHDW/WALL); Raise Arms;
- 5-8 Repeat measures 5-8 in INTRO to end fcg DC;;;

PART B MODIFIED

- 1-8 CROSS BODY LEAD FC RLOD; FORWARD BREAK TO CP; TURNING BASIC LOD; OPEN BREAK; UNDERARM TURN; REV UNDERARM TURN; HIP ROCKS; TWICE & STACK HANDS;**
- 1-6 Repeat measures 1-6 of Part B to end fcg LOD;;;
- 7-8 {Hip Rks to Stacked Hnds} Low BFLY Rk sd L,, R, L; Jn R hnds over joint L hnds rk sd R,, L, R;
- 9-16 BACK WALKS w/ARMS;; BACK BASIC w/EXPLOSION; FORWARD BREAK; CROSS BODY FC RLOD; FORWARD BREAK; RIGHT PASS TO DC; FORWARD BREAK TO CP;**
- 9-10 {Bk Wks w/Arms} Bk L raise jnd R hnds straight up and release,, bk R, bk L; Bk R raise jnd L hnds straight up and release,, bk L, bk R low BFLY;
- 11-12 {Bk Basic w/Exp} Bk L arms straight up between bodies and explode out to sds,, chk bk R, fwd L; {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP;
- 13-14 {Cross Body RLOD} Sd & bk L trng LF,, bk R w/slipg action, fwd L trng LF fc RLOD; {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R;
- 15-16 {R Pass DC} Fwd & sd L commence RF trn raise lead hnds,, XRIB cont RF trn, fwd L DC (Fwd R,, fwd L commencing LF trn, bk R cont LF trn under lead hnds fc ptr); {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP;

END

- 1-11 CROSS BODY LEAD TO FAN; HOCKEY STICK;; FORWARD BREAK; TURNING BASIC;; UNDERARM TURN TO LOW BFLY; SD DR TCH SHE CL HOLD; SD; CROSS CHECK & EXTEND;;;**
- 1-2 {Cross Body lead to Fan} Sd & bk L trng LF,, bk R, rec sd L fc COH (Sd & fwd R,, fwd L trng LF, cont trn sd R); {Start Hky Stk} Sd R,, fwd L, bk R (small bk L to fan pos,, chk bk R, fwd L);
- 3-4 {Fin Hky Stk} Sd L,, sd & fwd R, fwd L (Fwd R,, fwd L, fwd R trng LF 1/2 under jnd hnds) DC; {Fwd Brk} Fwd R to LOP/FCG,, fwd L w/contra chk like action, bk R to CP;
- 5-6 {Turning Basic} Sd L,, bk R trng 1/4 LF w/slip pvt action, sd & fwd L trng 1/4 LF; Sd R,, fwd L w/contra chk like action, bk R DRW;
- 7-8 {Underarm Trn} Sd L,, XRIB, rec sd L (Sd R,, XLIF trng RF, sd R) low BFLY/WALL; {Sd Dr Tch She Cl Hold} Sd R,, dr L to R, tch L (Sd L,, dr R to L, cl R) Hold;
- 9-11 {Sd Cross Chk & Extend} Sd L,, (Sd L,,); XRIF (XRIF) Slowly extend L arms away from ptr;;