

# KNOCK ON WOOD



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Record: CD- "Chronicle: Greatest Hits - Eddie Floyd" STAX Records  
or Atlantic Oldie Series OS 13095 (limited availability)

Footwork: Opposite, directions for man (lady as noted) -all parts start LOD

Phase & Rhythm: Phase - V+2 - West Coast Swing

Difficulty Level: Difficult (modified phase VI figure)

Sequence: Intro, Dance, Dance, Bridge, Dance, Ending 2003

## MEASURES

## INTRODUCTION

### 1-4 WAIT 1; HIP PUMPS; SIDE WHIP;;

[WAIT 1 MEAS SS] Opn fcng pos fc LOD with Lead feet free lead pntd to ptrn hnds jnd;;

[HIP PUMPS aQaQaQaQ] Lift lft hip/lwr lft hip, lift lft hip/lwr lft hip, lift lft hip/lwr lft hip, lift lft hip/lwr lft hip;

[SIDE WHIP QQ Q--- Q&Q (QQ Q&Q QQ Q&Q)] Bk L, fwd & sd R to lady's R sd trn RF to bring lady into R arm, sd & fwd L lunge press pos flex knee, hold brng lady fwd, hold lead hnds low, hold as lady goes by rise on L, chasse inplac R/L, R fc LOD, (fwd R, fwd L trn RF 1/2, bk R/cl L, fwd R; fwd L trn LF 1/2, bk R fc man, chasse inplac L/R, L;)

## DANCE

### 1-8 WHIP INSIDE UNDERARM;; CROSS SIDE VINE & TURN SAILOR SHUFFLE;; WHIP INSIDE UNDERARM W/TUMMY WHIP ENDING UNDERARM TURN;;;

[WHIP INSIDE UNDERARM QQ Q&Q QQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd & fwd L trng RF/rec R trng RF, sd & fwd L raise jnd lead hnds; XRIBL take ld hnds over lady's head, trn RF sd L brng hnds dwn, chasse inplac R/L, R slght over trn fc LOD (fwd R, fwd L trn RF 1/2, bk R/cl L, fwd R betwn man's feet; fwd L trn LF undr ld hnds, trn LF bk R fc man & RLOD, chasse inplac L/R, L shape fc RLOD);

[CROSS SIDE VINE & TURN QQ Q&Q QQ Q&Q] Trn RF XLIFR twd WALL, sd R, XLIBR/sd & fwd R, fwd L release hnds trn 1/2 RF; rec fwd R trn 1/2 RF fc ptrn & LOD, sd L, XRIBL/sd L slght body sway right, rec sd R jn lead hnds fc LOD; (trn LF XRIFL twd WALL, sd R, XRIBL/sd & fwd L, fwd R release hnds trn 1/2 LF; rec fwd L trn 1/2 LF fc ptrn & RLOD, sd L, XLIBR/sd R slght body sway lft, rec sd L jn lead hnds fc RLOD);

[WHIP INSIDE UNDERARM TUMMY WHIP END QQ Q&Q QQQQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd & fwd L trng RF/rec R trng RF, sd & fwd L raise jnd lead hnds; trn RF XRIBL take ld hnds over lady's head, trn RF sd & fwd L brng hnds dwn rght hnd to lady's rght hip slght pull lady bk; release hnd trn RF XRIBL, trn RF sd & fwd L, chasse inplac R/L, R fc RLOD, (fwd R, fwd L trn RF 1/2, bk R/cl L, fwd R betwn man's feet; fwd L LF undr ld hnds, cl R, bk L, bk R fc man & LOD; chasse inplac L/R, L;)

[UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc LOD; chasse inplac R/L, R fc LOD (fwd R, fwd L slght trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD; chasse inplac L/R, L;)

### 9-16 SURPRISE WHIP man TURNS;; TRAVELING SIDE PASS (TWICE) ;;; RIGHT SIDE PASS w/TUCK & SPIN FACE LOOP SUGAR PUSH;;;

[SURPRISE WHIP QQQ&Q QQQ&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd fwd L trng RF/rec R trng RF, sd & fwd L fc RLOD; trn lady RF ck fwd XRIFL, rec bk L raise lead hnds lead lady fwd & undr, chnge to hndshake chasse inplac trn RF R/L, R fc LOD rght sd pass pos (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man's feet fc LOD; trn 1/2 RF bk L, rec fwd R trn 1/2 RF undr lead hnds, chasse inplac L/R, L fc LOD);

[TRAVELING SIDE PASS QQ Q&Q Q&Q] Fwd L, join man's left hnd to lady's left rec sd & bk R, cl L/inplac R, fwd L trng lady under both jnd hnds fc LOD; chasse fwd undr jnd hnds RXIFL/ sd L, RXIFL fc LOD lwr hnds in frnt look bk at lady, (fwd R, fwd L trn LF jn left hnd to man's left, spin LF under jnd hnds 1 1/2 trn bk R/fwd L, bk R fc COH; hook chasse inplac XLIBR/R, sml fwd L trn to fc LOD;)

[TRAVELING SIDE PASS QQ Q&Q Q&Q] Fwd L, rec sd & bk R, cl L/inplac R, fwd L trng lady under both jnd hnds fc LOD; chasse fwd undr jnd hnds RXIFL/ sd L, RXIFL fc LOD lwr hnds in frnt look bk at lady, (fwd R, fwd L trn LF, spin LF under jnd hnds 1 1/2 trn bk R/fwd L, bk R fc COH; hook chasse inplac XLIBR/R, sml fwd L trn to fc LOD;)

[RIGHT SIDE PASS TUCK SPIN QQ Q&Q Q&Q] Fwd L, rec sd & bk R jnd hnds fwd, brng jnd hnds in tap L inplace, mve jnd hnds fwd trng lady RF fwd L fc LOD rlease all hnds; chasse inplace R/L, R fc LOD jn rght hnds fc LOD, (fwd R, fwd L, shrp trn LF fc man & DLC tap R by L, trn RF fwd R LOD strng spin RF; chasse inplace L/R, L fc RLOD jn rght hnds),

[FACE LOOP SUGAR PUSH QQ QQ Q&Q] Bk L, bk R to tight bfly jnd right hnds ovr man's head to neck left hnd to lady's right hip, tap L fwd, fwd L lady's right hnd slides dwn man's left arm; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght, bk R; chasse inplace L/R, L)

**17-21 SIDE BREAK & HOLD; CLOSE CROSS & UNWIND; SUGAR PUSH SUGAR TUCK & TWIRL:::**

[SIDE BREAK & HOLD aQ - - - ] Qk sd L/sd R & hold legs strght look at prtnr, -,-,-

[CLOSE CROSS UNWIND QQQQ] Cl L, XRIFL, unwind on both feet trn LF, end wght on R fc LOD (cl R, XLIFR, unwind on both feet trn RF, end wght on L);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght, bk R, chasse inplace L/R, L),

[SUGAR TUCK & TWIRL QQ QQ Q&Q] Bk L, bk R to tight bfly lead hnds low; tap L fwd, fwd L raise jnd lead hnds soft pull on trail hnds, chasse inplace R/L, R join right hnds fc LOD (fwd R, fwd L slght trn RF to tight bfly; tap RIBL no wght, trn RF under jnd lead hnds fwd R & spin RF, chasse inplace L/R, L complete spin fc man);

**BRIDGE**

**1-4 LEFT SIDE PASS MAN'S UNDERARM TURN::: SWIVEL TOGETHER SWIVEL to FACE:**

[LEFT SIDE PASS QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn LF, trng LF cl L/inplace R, fwd L RLOD; chasse inplace R/L, R fc RLOD, (fwd R, fwd L slght trn LF, sd R/XLIFR, trn LF bk R LOD; chasse inplace fc LOD L/R, L,)

[MAN'S UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn RF under jnd lead hnds; sd & fwd L trng RF/rec R trng RF, fwd L fc LOD, chasse inplace R/L, R fc LOD; (fwd R, fwd L slght trn LF; sd R/XLIFR, trn LF bk R fc RLOD; chasse inplace L/R, L;)

[SWIVEL TOGETHER & TO FACE SS] Fwd L soften into both knees & swivel RF & rise look over lft shldr at partner trl hnds up,-, soft knees sd & bk R swivel LF & rise to face partner fc LOD,-;

**ENDING**

**1-9 LEFT SIDE PASS UNDERARM TURN to TRIPLE TRAVEL & ROLL:::; SIDE WHIP to a LUNGE::**

[LEFT SIDE PASS QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn LF, trng LF cl L/inplace R, fwd L RLOD; chasse inplace R/L, R fc RLOD (fwd R, fwd L slght trn LF, sd R/XLIFR, trn LF bk R LOD; chasse inplace fc LOD L/R, L,)

[UNDERARM to TRIPLE TRAVEL & ROLL QQ Q&Q Q&Q QQ Q&Q Q&Q QQ Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds; sd & fwd L trng RF/rec R trng RF, fwd L jn rght hnds fc COH, chasse sd R/L, R Slght push w/ rght hds strt roll RF; roll RF L, R comp 1 1/2 roll to lft hd star fcng WALL, chasse sd L/R, L trn1/2 LF to fc COH in rght hd star; chasse sd R/L, R trn 1/2 RF to fc WALL in lft hd star, chasse sd L/R, sd L trn LF; roll LF 1 1/4 R, L to fc LOD, in place R/L, R; (fwd R, fwd L slght trn LF undr jnd lead hnds; sd R/XLIFR, sd R trn LF, chasse sd trn to fc WALL jn rght hnds L/R, L strt roll RF; roll R, L 1 1/2 fc COH lft hnd star, chasse sd R/L, R trn 1/2 RF fc WALL; sd chasse L/R, L trn 1/2 LF to COH, chasse sd R/L, sd R trn RF; roll RF 1 1/2 L,R fc RLOD, in place L/R, L;)

[SIDE WHIP to LUNGE QQ Q---- Q&Q (QQ Q&Q QQ Q&Q)] Bk L, fwd & sd R to lady's R sd trn RF bring lady into R arm, sd & fwd L lunge press pos flex knee, hold brng lady fwd, hold keep lead hnds low, hold as lady rolls across rise on L, soft lunge to sd on away frm lady fc WALL, sweep trail hnd up & out look at hnd (fwd R, fwd L trn RF1/2, bk R/cl L, fwd R; fwd & roll LF L, R, sd L soft lunge fc WALL, sweep trail hnd up & out look at hnd;)

**Sequence: Intro Dance, Dance, Bridge, Dance, Ending**