

CHANGE PARTNERS

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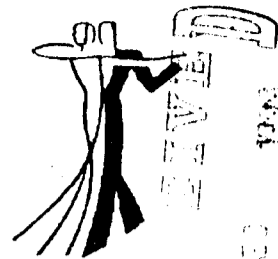
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Record: STAR 121B (Flip "It's Alright With Me") Available thru Palomino Records

Sequence: INTRO ABC A ENDING

Phase Rating: Foxtrot, Phase VI

Recommended speed: 43 RPM's



INTRO

1 - 4 WT; W ROLL OUT; X CK, REC, SD,-; FEATH FIN (W IN 4) TO FC;

- S -
(W-QQS)
QQS
SQQ
(W-QQQQ)
1. Wt in WRP fcg Wall w/ W IF and slightly to R of M w/ R free for bth;
 2. Stp sd RLOD releasing M's L & W's R hnds and hold wt on R ft for rest of meas (W roll RF R,L,R,-) to OP Wall;
 3. Bth cross L ovr R checking, rec R, sd & slightly bk L,-;
 4. Bk R crossing undr bdy,-,sd LOD L trng slightly LF,fwd DLW R (W bk R crossing undr bdy, sd LOD L trng LF to fc M, sd LOD R cont LF trn, bk L) to BJO DLW;

PART A

1 - 4 HVR TELE; OP NAT; OK HEEL PULL, RUMBA CROSS; SLOW INSD SWVL;

- SQQ
SQQ
QQQQ
S
1. Fwd L DLW,-,fwd & sd R rising & trng bdy 1/8 RF to SCP DLW, fwd L DLW in SCP;
 2. Thru R,-,trng RF acrs ptr stp sd & arnd L (W fwd R bet M's feet), sd & bk R twd DLW;
 3. Bk L commence RF trn, pull R bk cont trn on L heel sm sd R end CP DLC, fwd L commence RF trn w/ L shldr lead, XRib of L cont RF trn (W fwd R trng RF, sd & fwd L cont RF trn to CP, bk & sd R, XLif of R) to CP DRW;
 4. Sd & bk L shaping bdy twd ptr (W fwd R between M's feet) and allow W to swvl RF to SCP DRW ovr entire meas;

5 - 8 BIG TOP; DBL REV; THREE STP; NAT TRN;

- SQQ
SS
(W-SQ&Q)
SQQ
SQQ
5. Fwd R,-,LF trn XLib of R w/ R sd stretch, cont spn slp R bk past L w/ sm stp to fc LOD & slightly COH in CP (W fwd L,-,fwd R arnd M spinning LF, cont spn brush L to R and stp fwd L in CP);
 6. Fwd L trn LF,-,fwd & sd R trn LF, bring L to R w/o wt & spn LF on R to DLW (W bk R,-, trn LF on R heel transfer wgt to L/fwd & sd R trn LF, trn LFif of R);
 7. Fwd L in CP,-,fwd R heel to toe, fwd L;
 8. Fwd R between W's ft commence RF trn,-,fwd & arnd ptr L (W heel trn), bk R LOD in CP;

9 - 12 CL IMP; FTNR FIN; DBL REV; THREE STP;

- SQQ
SQQ
SS
(W-SQ&Q)
SQQ
9. Commence RF trn bk L,-,cl R to L for heel trn, sd & bk L in CP fc DLW (W fwd R heel to toe piv 1/2 RF,-,sd & fwd L arnd M brush R to L, fwd R betw M's feet);
 10. Bk R trn LF,-,sd & fwd L, fwd R in BJO DLC;
 11. Fwd L blending to CP trn LF,-,fwd & sd R trn LF, bring L to R w/o wt & spn LF on R to DLW (W bk R,-,trn LF on R heel transfer wgt to L/fwd & sd R trn LF, trn Lfif of R);
 12. Fwd L in CP,-,fwd R heel to toe, fwd L;

13-16 PROM FTNR; -,-,CURVING 3; -,-,BK LEFT FTNR;;

- SQQ
QQS
QQS
QQQQ
13. (Prom Fthr) Fwd R trng upper bdy slightly RF to lead W to commence RF trn to SCP,-,fwd L LOD, thru R (W bk L commencing to trn RF,-,sd & fwd LOD R to SCP, thru L commencing to trn bdy LF);
 14. Fwd & sd L (W sd & bk R cont LF trn to Contra BJO), fwd R in Contra BJO LOD. (Curving 3) fwd L DLC blending to CP,-;
 15. Fwd R curving LF, fwd L cont LF crv to CP RLOD, (Bk Left Feather) bk R commencing to bring L sd bk,-;
 16. Bk L leading w/ L shldr, bk R commencing LF trn (W fwd L stepping outsd M), sd LOD L cont LF trn to BJO DLW, fwd DLW R in BJO;

PART B

1 - 4 HVR; OK OP REV; OUTSD CK; BK & CHASSE TO SCAR;

- SQQ
SQ&Q
SQQ
SQ&Q
1. Fwd L,-,fwd & sd R rising to ball of ft, rec fwd L to SCP DLC;
 2. Thru R DLC (W thru L commencing LF trn),-fwd L blending to CP and commencing LF trn/sd & bk R cont LF trn to fc DRC, bk L DLW in BJO;
 3. Bk R blending to CP commence LF trn,-,sd & fwd L cont LF trn to BJO DRW, fwd R DRW in BJO ckg and lowering strongly at end of stp;
 4. Bk L commence RF trn,-,sd LOD R to CP COH/cl L, sd & fwd R trng RF to SCAR LOD;

5 - 8 HVR CROSS ENDING; TELE TO BJO; NAT WEV;;

- QQQQ
SQQ
SQQ
QQQQ
5. Fwd L in SCAR ckg, rec R, sd & fwd L DLC, fwd R DLC to BJO;
 6. Fwd L blending to CP commencing to trn LF,-,fwd & sd R arnd W (W heel trn) cont LF trn, fwd & sd L to BJO DLW;
 - 7-8. Fwd R commence RF trn,-,sd L (W cl R to L for heel trn), bk R DLC (W fwd L); Bk L in BJO, bk R to CP commence LF trn, cont trn fwd & sd L, cont LF trn fwd R in BJO DLW;

9-12 REV WAVE; CK,-,REC,SD; LK, HOLD, SYNC LK; WEV ENDING;

- SQQ 9. Fwd L DLW blending to CP and commencing to trn LF,-,fwd & arnd ptr R cont LF trn (W heel trn), bk L DLW in CP;
- SQQ 10. Bk R DLW cknng,-,rec L trng LF, sd & bk R DLC;
- SQ&Q 11. XLif of R (W XRib of L) rising ovr R ft,-,sm stp sd & bk R/XLif of R (W XRib of L), sd & bk R DLC lowering at end of stp;
- QQQQ 12. Bk L (W fwd R outsd M), bk R blending to CP and commencing to trn LF, sd & fwd L cont trn to fc DLW, fwd R DLW in BJO;

13-16 CG DIR; CONTRA CK & SWITCH PVT TO WSK LINE;; FTHR;

- SS 13. Fwd L blending to CP,-,fwd R DLW R shldr lead to trn LF, draw L to R no wgt;
- SQQ 14-15. Flex knees w/ strong R sd lead ck fwd L,-,rec R commence RF trn leave L ft almost in place, cont RF trn bk L to fc DRW; Fwd R between W's ft cont RF trn to fc almost COH, sd & bk L cont RF trn to CP DLW, sd R in CP DLW, XLib of R (bth XIB) cont to bring L sd twd W causing her to open head to end to SCP DLC;
- QQQQ 16. Thru R,-,sd & fwd L, fwd R (W thru L commencing to trn LF,-,sd & bk R cont LF trn, bk L) to BJO DLC;

PART C

1 - 4 REV WAVE;; BK FTHR; BK THREE STP;

- SQQ 1-2. Fwd L DLC blending to CP and trng LF,-,sd R cont LF trn (W heel trn), bk L to CP DRC; Bk R,-, curving LF bk L, R to CP RLOD;
- SQQ 3. Bk LOD L w/ R sd lead,-,bk R in BJO, bk L;
- SQQ 4. Bk LOD R commence L shldr lead,-,bk L to CP, bk R;

5 - 8 OP IMPETUS; NAT HVR CROSS & TRN LF TO WEV ENDING;;;

- SQQ 5. Bk L commence RF trn,-,cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L to SCP DLC (W fwd R trn RF,-,sd & fwd L trn LF brush R to L, trn RF sd & fwd R to SCP);
- SQQ 6-8. Fwd R commencing RF trn,-,sd DLW L cont RF trn, trng strongly RF on L stp sd & fwd R DLW (W fwd L,-,fwd R btwn M's ft commencing to trn RF, sd & bk L) to CP DLC;
- QQQQ Fwd L acrs R to SCAR, rec R, sd L commencing to trn LF to fc COH, cont LF trn stp sd R (W sm sd L) to fc DRC in BJO w/ R sd lead; Bk L (W fwd R outsd ptr), bk R blending to CP and trng LF, sd & fwd L DLW, fwd R to BJO DLW;

ENDING

1 - 4 HVR; M CK-W ROLL ACRS TO LOP; VIN 8;;

- SQQ 1. Fwd L,-,fwd & sd R rising to ball of ft, rec fwd L to SCP DLC;
- SQQ 2. Lowering jnd lead hnds ck thru R,-,rec L, trng bdy slightly LF stp fwd & sd LOD R (W roll LF acrs frnt of M L,-,R,L) to LOP LOD;
- QQQQ 3-4. Thru LOD L trng LF (W RF) to fc ptr, sd LOD R blending to BFLY COH, XLib of R (bth XIB) maintaining BFLY hndhold, sd & fwd R trng slightly RF (W LF) to LOP LOD; Rpt;

5 - 8 M CHASSE-W SYNCO ROLL TO BFLY SCAR; CK FWD-W DEVELOPE; BK & CHASSE TO SCP; JETE PT;

- SQ&Q 5. Thru LOD L leading W to spn RF then releasing hnds,-,sd & fwd LOD R/cl L, sd & fwd R (W thru LOD R commencing to trn RF,-,cont to spn RF progressing twd LOD L/R,L) blending to BFLY SCAR fcg LOD and slightly COH;
 - S 6. Ck fwd outsd ptr L and hold for rest of meas (W stp bk R,-,lift L ft up sd of R leg, xtnd L leg fwd w/ toe pointed dwn);
 - SQ&Q 7. Bk RLOD R commencing to trn LF to fc COH,-,sd RLOD L/cl R, sd & fwd RLOD L (W fwd RLOD L trng bdy slightly LF,-,sd & fwd RLOD R/cl L, sd & fwd R) to SCP RLOD;
 - QQS 8. Thru RLOD R commencing to bring W to CP while rising strongly ovr R ft, cl L to CP RLOD & slightly COH lowering sharply, xtnd R ft to sd (W thru L commencing to fold LF IF of M, sm sd R completing LF trn to CP lowering sharply, xtnd L ft to sd)-;
- [Optional timing: S&S]